# **COLLEGE OF NURSING SGPGIMS LUCKNOW**

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## **STUDENTS NURSE'S ASSOCIATION OF INDIA**

# **Report on 30<sup>th</sup> State SNAI Biennial Conference**

## Theme– Empowering Nursing Students: Prospects and Challenges

Date: August 7, 2023

#### Time: 8am to 12:30 am

#### Location: Samarpan Institute of Nursing and Paramedical Science, Lucknow.

The SNAI Biennial Conference held on August 7, 2023, at the Samarpan Institute of Nursing and Paramedical Science, was a remarkable blend of sports, culture, and insightful discussions, all cantered around the theme "Empowering Nursing Students: Prospects and Challenges." The event spanned from 8:00 AM to 12:30 am, encompassing a diverse range of activities that engaged participants and attendees alike.

#### **OBJECTIVES**

- It improves the physical and mental health
- Understand the importance of sport
- Get opportunity to be innovative and creative in sports.
- It enhances problem solving skills and competitive
- It also brings resilience and mental toughness
- It also helps in team work
- It brings individual to cope with failures.

#### AT SAMARPAN INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES



#### **SPORTS EVENTS** :

The **sports segment** of the event showcased the athletic prowess of the participants. Thrilling relay races, lightning-fast 100m sprints, precision javelin throws, and intense discus throws had the audience cheering with excitement. Badminton matches added a touch of competitiveness to the day, promoting sportsmanship and teamwork.

#### **100 METRE RACE:**



#### 400 METERS RELAY:



#### **BADMINTON:**



#### **CULTURAL EVENTS:**

The **cultural events** were equally captivating, with a variety of creative activities. The poster presentation segment provided a platform for students to showcase their artistic talents, while on-the-spot painting brought out spontaneity and creativity. Rangoli making, a traditional art form, adorned the event with intricate and colourful designs.

#### **RANGOLI COMPETITION:**



#### **DANCE COMPETITION**





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### **ON THE SPOT PAINTING**



The intellectual spirit flourished through an essay competition, a quiz contest that tested participants' knowledge, and a challenging extempore speech round. Monoacting brought storytelling skills to the forefront, captivating the audience with diverse performances.

- Extempore Speech
- Mono Acting
- Quiz Competition
- Essay Competition



#### WINNERS FROM SGPGIMS (CON) IN SNAI EVENT AT SAMARPAN:

- 1. SHARAD YADAV (1<sup>ST</sup> YEAR) BADMINTON (1<sup>st</sup> position)
- 2. AAKASH BHARTI (3<sup>RD</sup> YEAR) JAVELIN THROW (1<sup>st</sup> position)
- 3. MD.SHUJA (1<sup>ST</sup> YEAR) MR. SNA
- 4. KAFEEL AHMAD (2<sup>nd</sup> year) -100 metres 2<sup>nd</sup> position
- 5. RELAY RACE -2<sup>nd</sup> position PARTICIPANTS- PRATHAM (1<sup>st</sup> year) DAWOOD (1<sup>st</sup> year) AJAY (1<sup>st</sup> year) KAFEEL (2<sup>nd</sup> year)
  6. GROUP DANCE - 2<sup>nd</sup> POSITION PARTICIPANTS - AKSHITA (2<sup>nd</sup> YEAR) AMRITA (2<sup>nd</sup> YEAR) SHRUTI (2<sup>nd</sup> YEAR) SHWETA (2<sup>nd</sup> YEAR)

#### SAKSHI KUSHWAHA (2<sup>nd</sup> YEAR) AKSHAY KATOCH (2<sup>nd</sup> YEAR) ASHUTOSH AWASTHI (2<sup>nd</sup> YEAR) VARTIKA (1<sup>st</sup> YEAR)

The first position holders will represent the college of nursing (SGPGIMS) at national level conference.

